

RESEARCH ARTICLE

Picophytoplankton act as the primary consumers of excess phosphorus after the spring bloom in the eutrophic Baltic Sea

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Abstract

Eutrophication in the Baltic Sea has caused an imbalance in the inorganic nitrogen (N) to phosphorus (P) ratio, leaving excess phosphate (PO₄) after the phytoplankton spring bloom that terminates after N depletion. Using monitoring data, we demonstrated that the PO₄ concentration has continued to increase in the outermost Gulf of Finland during past decades. We further investigated the fate of such excess PO₄ in a two-week mesocosm (1.2 m³) experiment. The starting concentration of PO₄ was 0.66 μM, and treatments included a non-treated control (control), nitrate addition (N-add; 3.6 μM), glucose addition (C-add; 36 μM) and combined nitrate and glucose addition (N + C-add). The addition of N, both in N-add and N + C-add treatments, stimulated nano- and micro-phytoplankton, while the picophytoplankton abundance increased after N depletion. Also, the copepod biomass was positively affected by the N addition. N₂-fixing cyanobacteria were present but in low abundance. Carbon addition did not enhance heterotrophic bacterial uptake of PO₄ contrary to our expectations, nor did it affect the phyto- or zooplankton community composition. The PO₄ concentration was reduced to ~0.4 μM in the control and C-add treatments and to 0.16 μM in the two N-amended treatments, with an inorganic N : P uptake ratio of 6.7. These results underscore the role of picophytoplankton in reducing the excess PO₄ pool after the spring bloom, a function traditionally ascribed to bloom-forming filamentous cyanobacteria in the Baltic Sea.

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Deoxygenation, that is, loss of oxygen, in the ocean is an increasing global problem that has direct implications not only for aerobic organisms but also for biogeochemical cycles (Keeling et al. 2010). There are two primary causes of the deoxygenation of the ocean: global warming, and human input of nutrients to marine ecosystems leading to eutrophication. Warming of surface waters happens on a global scale and reduces gas solubility, including oxygen. Eutrophication is a local or regional environmental problem that causes algal blooms that typically aggravate oxygen consumption in deeper water layers after the bloom, when the biomass is decomposing while sinking. In relatively shallow coastal seas,

such elevated oxygen consumption may cause hypoxic and anoxic conditions on the seafloor, where sediment microbial processes typically decrease bioavailable nitrogen through denitrification and anammox (Hannig et al. 2007). At the same time, anoxia increases the release of phosphate from the sediment through the chemical reduction of iron-bound phosphate. The net result of anoxic bottoms is often a decrease in bioavailable nitrogen and an increase in phosphate concentration, causing the inorganic N : P ratio to decrease in several parts of the world (Conley et al. 2002; Hauss et al. 2012; Kalvelage et al. 2013; Meyer et al. 2016).

The Baltic Sea has been affected by eutrophication for several decades, which has increased the area of anoxic seafloor (Conley et al. 2002). In the Baltic Proper and the Gulf of Finland, the most productive period with the accompanying flux of organic material to the seafloor is during the spring bloom, which in these subbasins terminates when dissolved inorganic nitrogen (DIN) has been depleted. There was a regime-like shift in the mid-1990s when the dissolved inorganic phosphorus (DIP) pools started to be at elevated levels after the spring bloom; low phosphate concentrations were generally detected during early summer before the mid-1990s, though N-limitation of the spring bloom could already be demonstrated at that time (Tamminen 1995). The decreasing inorganic N : P ratio is caused primarily by a release of phosphate from the seafloor after turning anoxic (Conley et al. 2002). At present, the surplus of phosphate after the spring bloom typically ranges from 0.1 up to 0.6 $\mu\text{mol PO}_4 \text{ L}^{-1}$ in the Gulf of Finland and the Baltic Proper (Spilling et al. 2018). However, there is relatively little data published in recent years, making it challenging to ascertain whether this trend persists.

The excess phosphate is believed to directly benefit N_2 -fixing cyanobacteria that often create toxic or nuisance blooms during the summer (Larsson et al. 2001; Kangro et al. 2007), supported by model work (Munkes et al. 2021). *Nodularia spumigena* and *Aphanizomenon flos-aquae* are among the typical dominating filamentous cyanobacteria, forming blooms in July and August in large parts of the Baltic Sea. These species are N_2 -fixers and can take up PO_4 and store it in the form of polyphosphate. However, they grow relatively slowly in water temperatures below 15°C (although *A. flos-aquae* is less sensitive to cold water than *N. spumigena*) and typically start forming blooms only after the excess phosphate pool has been depleted (Lehtimäki et al. 1997; Wasmund 1997).

An alternative pathway of the excess P pool is going through other primary producers or heterotrophic bacteria (Nausch and Nausch 2004), thereby reducing the available P for the filamentous cyanobacteria. However, the prevailing N-limitation restricts the growth of other phytoplankton, whereas heterotrophic bacteria, which may also take up P, are typically limited by carbon during late spring (Lignell et al. 1992). Organic carbon produced by the spring bloom phytoplankton triggers a bacterial response, dependent on the composition of the phytoplankton community, but this labile

carbon is rapidly consumed (Camarena-Gómez et al. 2018, 2021). After this labile carbon is depleted, there remains a large (compared to other coastal ecosystems) refractory pool of dissolved organic carbon due to the high freshwater influence in the Baltic Sea bringing in, for example, humic substances (Hoikkala et al. 2015).

Currently, it remains unclear which organisms take up the excess phosphate, most of which seems to settle out of the euphotic zone before cyanobacterial blooms develop (Nausch et al. 2008). Consequently, other P sources must exist for these cyanobacteria (Raateoja et al. 2011), most likely through upwelling, turbulent mixing events, or regeneration of organic P (Raateoja et al. 2011; Wasmund et al. 2012).

Recently, we demonstrated in a small-scale (20 L) experiment that the post-spring-bloom plankton community could remove excess phosphate, even without any N-addition, but with a clear effect of temperature that affected both the rate of phosphate uptake and the plankton community composition (Vanharanta and Spilling 2023). Picophytoplankton seems to play a major part in the drawdown of phosphate, but an open question is the role of heterotrophic bacteria that can be competing with phytoplankton for this resource (Lignell et al. 1992; Vanharanta and Spilling 2023).

Here, we present an updated dataset of phytoplankton pigments and inorganic nutrients from the Finnish monitoring program taken in the Gulf of Finland, together with an experiment where we addressed the potential of an early-summer plankton community to remove the excess phosphate. The experiment was done in larger-scale mesocosms closer to natural conditions than our previous indoor tank experiment (Vanharanta and Spilling 2023). In addition to a non-treated control, we added bioavailable nitrogen (N-add), carbon (C-add) and both (N + C-add) to stimulate primary producers and heterotrophic bacteria. We hypothesized that picophytoplankton would become relatively more important after N-depletion, taking up part of the excess phosphate, but that heterotrophic bacteria can also exploit the inorganic P pool when they have access to a labile carbon source.

Materials and methods

Field data

Field data was obtained from the Algaeline data constituting two commercial ships passing through the Gulf of Finland (Helsinki—Travemünde, and Helsinki—Stockholm, Supporting Information Fig. S1). The data consist of discrete samples automatically taken from a flow-through system on the return to Helsinki, where they were collected and analyzed on the same day. The variables measured include chlorophyll *a* (Chl *a*) concentration and inorganic nutrients. For Chl *a*, GF/F filters (Whatman, UK) were used, and the Chl *a* was extracted in EtOH, stored at −20°C and in darkness for up to 2 months, and measured with a spectrofluorometer (Varian Cary Eclipse, Agilent, USA), calibrated against known standards

(Merck, Sigma-Aldrich), with excitation and emission wavelengths of 430 and 670 nm, respectively (Jespersen and Christoffersen 1987). Inorganic nutrients were determined using standard colorimetric methods (Grasshoff et al. 1999). The ship-of-opportunity monitoring data are available from 1998 until the present. In addition, fluorescence sensor data in the flow-through system exist from 2013.

Mesocosm experiment

The experiment was set up in 1.2 m³ mesocosm bags (Ø = 90 cm, length = 190 cm) that were moored outside the Tvärminne Zoological Station, Gulf of Finland (59°50'40"N, 23°14'57"E). The bags were attached to a floating platform (Spilling et al. 2022a). In total, 14 bags were installed, but the two outermost bags were not used. These “dummy” bags were used to create the same light conditions for the outermost experimental units. All units were covered to prevent rain or bird droppings from falling into the bags. The spring bloom in the area had peaked in April, and the PO₄ concentration was relatively low at the onset of the experiment (0.013 µmol L⁻¹), thus we added PO₄ to all units to a final concentration of 0.66 µmol L⁻¹. The experimental setup consisted of an unamended control, a treatment with added nitrate (N-add; 3.6 µmol N L⁻¹), a treatment with added carbon in the form of glucose (C-add, 36 µmol C L⁻¹), and a treatment with both nitrate and glucose addition (N + C-add). The rationale behind the treatments was to stimulate the phytoplankton with nitrate and heterotrophic bacteria with glucose. Each treatment had three replicates, and in total, 12 bags were used for the experiment.

The bags were filled with surface water using gentle pumping on 7th June 2021, which was considered Day -1 of the experiment. This filling method had visually (microscope) been tested and found not to affect zooplankton abundance but prevents small fish from entering the mesocosms. The following day (Day 0), nutrients and carbon sources were added in the morning and the first full sampling took place right after the addition. The temperature was approximately 18°C and the salinity was 5.5 at the start of the experiment (Supporting Information Figs. S2 and S3). Water samples were taken daily with a Limnos water sampler (Hydro-Bios, Germany) from 0.5 m depth from the middle of the bags for fluorescence measurements and flow cytometer counts. Conductivity, temperature, and depth (CTD) profiles were also taken daily from the bags and outside the experimental units, and we had dissolved oxygen loggers (HOBO U26; Onset Inc., USA) mounted inside each mesocosm bag. Rate of change in dissolved oxygen was calculated by linear regression during daytime (09–17) and nighttime (23–03). Larger volumes (5 L) were taken on regular sampling days: 0, 1, 3, 6, 8, 10, 13 and 15. During these days, additional variables such as inorganic nutrients and particular organic carbon, nitrogen and phosphorus were measured.

Total Chl *a* fluorescence was determined from each mesocosm bag by daily use of a handheld fluorometer (AquaPen,

Photon Systems Instruments, Czech Republic), and direct Chl *a* measurements were carried out by filtration in duplicates on regular sampling days and analyzed as described above. These filters were stored in the added EtOH solution at -20°C, and the Chl *a* was determined within 3 months after the experiment.

We used standard colorimetric methods (Grasshoff et al. 1999) using a photometric analyzer (Aquakem 250, Thermo Scientific, USA) to measure dissolved inorganic nutrients: nitrite + nitrate (NO₂ + NO₃), phosphate (PO₄) and dissolved silicate (DSi). Ammonium (NH₄) was measured separately using a spectrophotometer (U-1100, Hitachi, Japan). These samples were determined the same day as the sampling took place.

Particulate organic carbon (POC), nitrogen (PON) and phosphorus (POP) were determined from duplicate water samples filtered onto acid-washed (2 M HCl for 15 min, then rinsed carefully with ultrapure water) and pre-combusted (450°C, 4 h) GF/F filters (Whatman, UK). Particulate organic carbon and PON were measured with an element analyzer coupled with a mass spectrometer (Europa Scientific ANCA-MS 20-20 15 N/13C, UK). Particulate organic phosphorus was determined according to Solórzano and Sharp (1980) as modified by Koistinen et al. (2017). Samples for biogenic silicate (BSi) were filtered on polycarbonate membrane filters (0.8 µm, GVS, Italy) and measured according to Koistinen et al. (2018). All filters for particulate nutrients were stored dry at room temperature and were determined within 6 months after sampling.

Abundance of nano- and microplankton (phytoplankton and microzooplankton) was determined with the FlowCam (Fluid Imaging, Yokogawa) from preserved (acid Lugol's solution) samples. The samples were stored in a fridge and counted within a year from the sampling. We used the 10x magnification and 100 µm flow-cell during the runs and the accompanying Visual Spreadsheet software for automatic calculation of biovolume using the “area based diameter” function of the software. Further identification and visual inspection were done with an inverted microscope (Letiz Labovet) using a 40× objective.

Flow cytometer counts of live samples were done directly after the daily sampling with a Sysmex (Japan), Partec—Cube 8 equipped with two lasers (488 and 561 nm), two scattering (forward and side) and three fluorescence detectors (610/30; 661/16; and 670/40, corresponding to the detection of phycoerythrin, phycocyanin, and Chl *a*, respectively). The trigger was set on Chl *a* fluorescence (670 nm). On each sampling day, we made several measurement runs with beads and blanks to ensure correct particle counts. Size fractionations (0.8, 1, 2, 5, 10, and 20 µm filters) were also used to identify the approximate size of different phytoplankton groups. The scattering and fluorescence properties were used to gate different phytoplankton groups using the FCS Express 6 software. Four groups were identified: picoeukaryotes: size < 2 µm with only Chl *a*; Cryptophyte-like > 2 µm with Chl *a* and

phycoerythrin fluorescence; nanophytoplankton size 2–20 μm and microphytoplankton: size > 20 μm with only Chl *a* fluorescence.

Synechococcus-like cells, < 2 μm detected by Chl *a* fluorescence, were counted at the same time as heterotrophic bacteria using a LSR II, BD flow cytometer (Biosciences, USA) equipped with a 488 nm laser. *Synechococcus*-like cells were also detected by the Sysmex/Partec flow cytometer, but were more clearly outlined with the BD flow cytometer, which is the data we present here. These samples were fixed with 1% paraformaldehyde (final concentration) for 15 min in darkness, flash frozen in liquid nitrogen, and stored at -80°C until analysis. Before measurements, samples were thawed and stained with SYBRGreen I (Molecular Probes, Eugene, OR, USA) at a 10^{-4} (v/v) concentration and incubated for 15 min in the darkness before counting. We used CountBright beads (Molecular Probes) in each sample to determine the measured volume. FACSDiva Software (BD Biosciences) and Flowing Software version number 2.5.1 were used to gate and obtain the cell counts.

Zooplankton was collected three times, at the start, middle, and end of the experiment. Samples were taken with a plankton net (25 cm diameter, 50 μm mesh size) carefully dragged from the bottom of the mesocosm bags to the surface. Samples were immediately preserved with acid Lugol's solution and stored at 4°C for up to 6 months before processing. Zooplankton was identified to the genus level from images created using a flatbed scanner and analyzed at $20\times$ magnification.

Data analysis

For statistical comparison between two groups, we used Student's two-tailed *t*-test. For comparing the four treatments statistically, we used either repeated measures (pairwise) ANOVA (RM ANOVA) or a standard ANOVA for one time point. Tukey's Honest Significant Difference (HSD) post hoc test was performed to compare different treatments and assess the significance of differences between them after ensuring normality and homogeneity of the residuals. In case of the data following a non-normal distribution, the ANOVA was performed on ranks followed by Dunn's post hoc test. All statistical tests were performed using SigmaPlot 15 software (Systat Software).

Results

Field data

From the Gulf of Finland monitoring data, the Chl *a* fluorescence had a clear peak in spring at around April 20 (Day 110), followed by a clear water period after mid-May (Supporting Information Fig. S4). Phycocyanin fluorescence was more variable; elevated levels of phycocyanin fluorescence started to appear after mid-May (around May 19, Day 140) but the regression we used indicated a peak around mid-July (July 14, Day 195), when the average temperature reached 15°C .

From the discrete samples, the Chl *a* peak during spring was around $20 \mu\text{g Chl } a \text{ L}^{-1}$, with some observations of even higher concentrations, up to $33 \mu\text{g Chl } a \text{ L}^{-1}$ (Supporting Information Fig. S5). Nitrate was rapidly depleted during spring, with very low concentrations after the Chl *a* peak. Phosphate was also reduced, but often not completely depleted, and there was more phosphate in the water during summertime (Julian Day 138–220) in the 10-yr period 2014–2023 compared with the other periods 1998–2003 and 2004–2013 (Dunn; $p < 0.002$). There was no difference in phosphate concentration between the two earliest periods (Dunn; $p > 0.9$). The concentration of dissolved silicate decreased during spring but was never completely depleted, and the concentration was higher in the past decade (2014–2023) compared to the previous one (2004–2013; Dunn $p < 0.001$).

Mesocosm experiment

In the experiment, there was a clear effect of N addition, but no effect of carbon addition, on the development in phosphate concentration (Fig. 1). The nitrate added to the N-add and N + C-add treatments was depleted already on Day 3. The phosphate concentration decreased from $\sim 0.66 \mu\text{mol L}^{-1}$ at the start of the experiment to $\sim 0.16 \mu\text{mol L}^{-1}$ in the two treatments with N added on Day 8, resulting in an inorganic N : P uptake ratio of 6.7. In the control and C-add treatments, the PO_4 concentration was 0.33 and $0.36 \mu\text{mol PO}_4 \text{ L}^{-1}$, respectively, at the end of the experiment. There was residual ammonium with a concentration in the range of 0.15 – $0.35 \mu\text{mol L}^{-1}$ throughout the entire experiment. Dissolved silicate was constant in the control and C-add but decreased slightly toward the end of the experiment in the N-add and N + C-add treatments, with an uptake of approximately $1.9 \mu\text{mol L}^{-1}$ (Fig. 1).

The phytoplankton biomass declined from the onset of the experiment in the control and C-add treatments but with a delay of 2 d in the two N amended treatments (Fig. 2). The initial Chl *a* concentration was $3.5 \mu\text{g L}^{-1}$ and it decreased to 1 – $2 \mu\text{g Chl } a \text{ L}^{-1}$ within 2 d in the control and C-add treatments (Fig. 2). After reaching a minimum of $< 1 \mu\text{g L}^{-1}$, the Chl *a* concentration increased again at the end of the experiment to $\sim 2 \mu\text{g Chl } a \text{ L}^{-1}$.

Oxygen dynamics indicated that O_2 increased more during the daytime in the N-add treatment compared with the N + C add treatment during the first 3 d (Supporting Information Fig. S6). During nighttime, the loss of O_2 was higher in the N-add and N + C add treatments compared to the control and C-add treatments at the start of the experiment, but the O_2 dynamic was similar in all treatments after Day 7 (Supporting Information Fig. S6).

Heterotrophic bacteria had the same dynamic in all treatments (Fig. 2); their abundance increased after Day 1, with a peak at Day 8. The overall bacterial abundance was higher in the N-add treatment compared to the control and C-add treatments (Day 8; Tukey: $p = 0.001$ and $p = 0.003$,

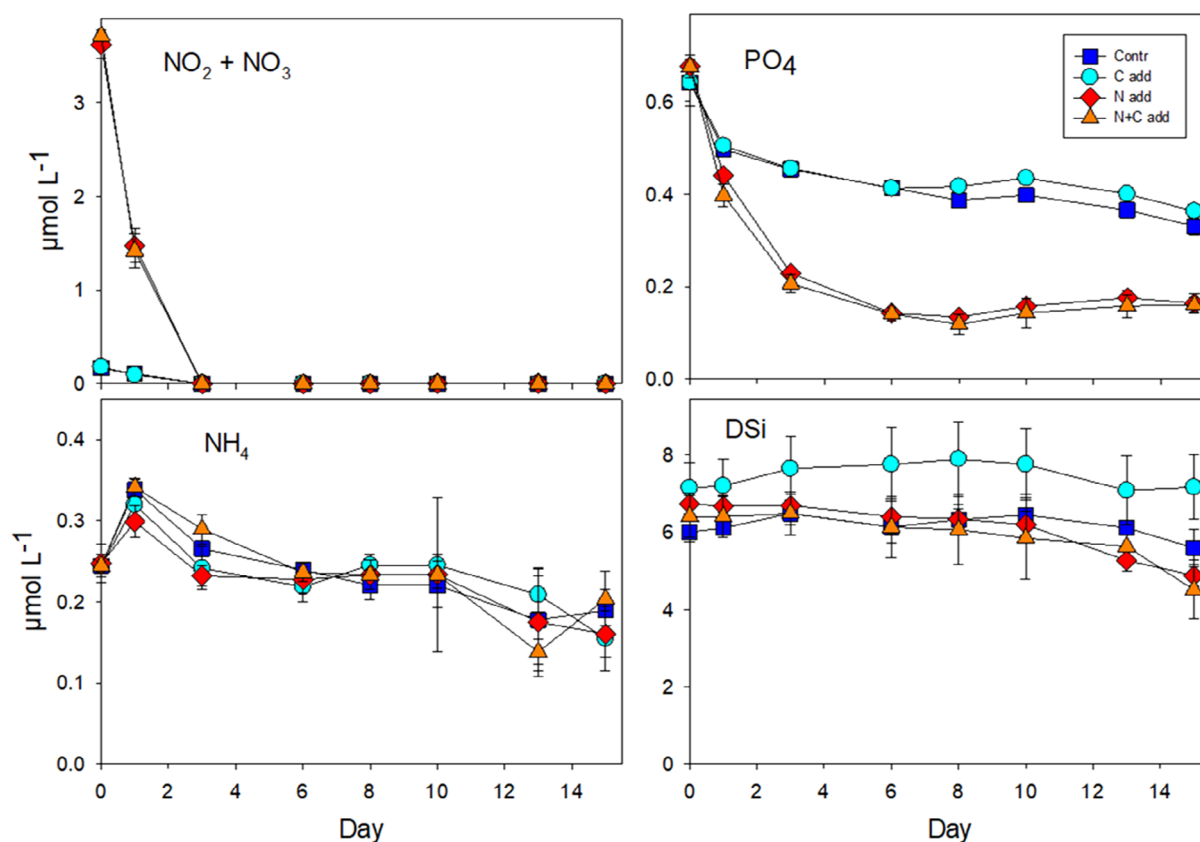


Fig. 1. The concentration of nitrite + nitrate ($\text{NO}_2 + \text{NO}_3$), phosphate (PO_4), ammonium (NH_4) and dissolved silicate (DSi) plotted against time. The error bars represent the standard error (SE, $n = 3$).

respectively), while the rest of the treatments were similar (Day 8; Tukey; $p > 0.14$).

All particulate nutrients decreased in the experimental units during the first week, but the decrease was more rapid in treatments without any nitrate addition (control and C-add), except for biogenic silicate (BSi) where the decrease was similar in all treatments (Fig. 3). Stoichiometric ratios were relatively stable with an average C : N : P ratio of 140 : 14 : 1, with a slightly higher C : N ratio in the control compared with the two N amended treatments (Tukey: $p < 0.005$), but without any differences between treatments in the N : P ratio (RM ANOVA; $p = 0.3$, $F = 1.2$, $df = 3$).

The temperature and salinity throughout the experiment are presented in Supporting Information Figs. S2 and S3. There was a drop in temperature after Day 6 from $\sim 18^\circ\text{C}$ to $\sim 14^\circ\text{C}$ due to upwelling, followed by an increase toward the end of the experiment to $\sim 20^\circ\text{C}$. Salinity varied outside the bags but stayed constant within the bags, indicating that our bags remained intact throughout the experiment.

Plankton community composition

Nitrate addition benefited micro- and nanophytoplankton that increased in abundance in both the N-add and N + C-add

treatments (Fig. 4), contributing to a high Chl *a* concentration over the first 3 d. This was also evident from the FlowCam images, where, for example, the cell concentration and total biovolume of dinoflagellates $> 10 \mu\text{m}$ increased in these two treatments until nitrate had been depleted (Supporting Information Fig. S7). The green algae *Monoraphidium* sp. (nanophytoplankton) also increased in the N amended treatments but continued growing after N depletion, reaching a maximum biovolume at Day 8 (Fig. 5).

After nitrate depletion, picoeukaryotes started to increase in abundance, especially in the control and the N-add treatments, but also, to a lesser extent, in the N + C-add and C-add treatments (Fig. 4). *Synechococcus*-like cells decreased in all treatments after the start of the experiment but increased again after Day 3 and more so in the control and N-add treatments (Fig. 4), peaking on Day 8 when the abundance was clearly higher in the control and N-add treatments compared with the C amended treatments (Day 8; Tukey $p < 0.014$). *Planktothrix* sp. and *Pseudoanabaena* sp. were the main components of colonial and filamentous cyanobacteria. They peaked in the N-add and N + C-add treatments on Days 3 and 8, respectively, with the highest peak in biovolume in the N + C-add treatment (Fig. 5). *Aphanizomenon flos-aquae* and

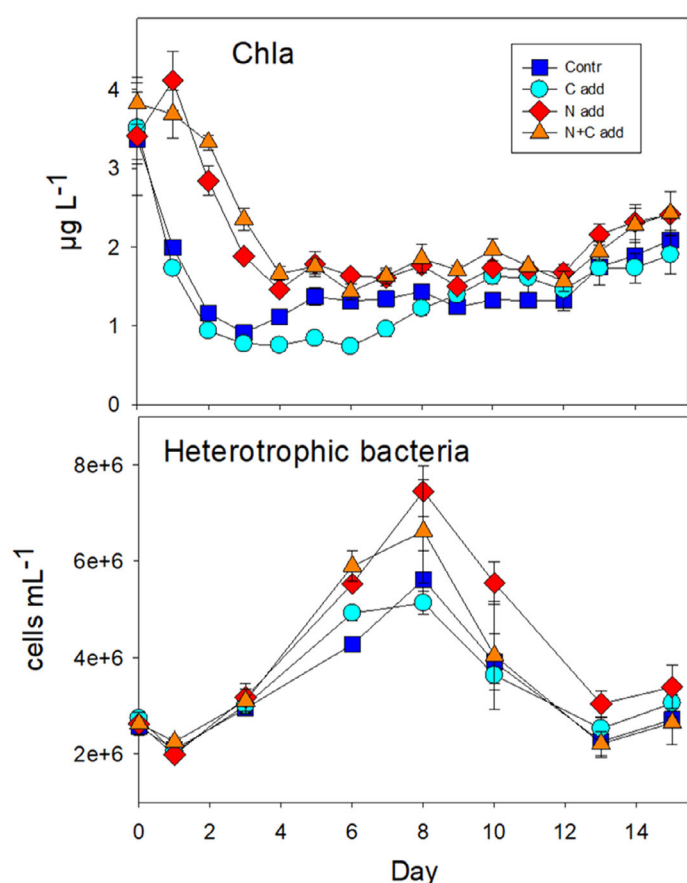


Fig. 2. The concentration of chlorophyll *a* (Chl *a*) and abundance of heterotrophic bacteria plotted against time. The error bars represent the standard error (SE, $n = 3$).

N. spumigena were present but contributed combined less than 5% to the total cyanobacterial biovolume.

Microzooplankton consisted of heterotrophic dinoflagellates and ciliates (Fig. 5). Heterotrophic dinoflagellates increased in the N-add and N + C-add treatments, with a peak on Day 8 before declining to a similar biovolume as in the control and the C-add treatments at the end of the experiment (Fig. 5). The biovolume of ciliates was highly variable between replicates, and although the average biovolume was higher in the two N-add treatments, there was no consistent difference between the treatments (Day 8; ANOVA, $p = 0.767$; $F = 0.385$, $df = 3$).

The mesozooplankton community was dominated by copepods, cladocerans, and pelagic stages of *Amphibalanus* sp. (Fig. 6). The number of copepods was highest in the N-amended treatments compared to treatments without N addition at the end of the experiment, including both copepodite and nauplii stages (Day 15; t -test, $p = 0.024$, $t = 2.66$, $df = 10$ and $p = 0.017$, $t = 2.86$, $df = 10$, respectively). Among cladocerans, the abundance of *Bosmina* sp. was positively affected by the N addition (Day 15; t -test, $p = 0.04$,

$t = 2.36$, $df = 10$), whereas *Podon* sp. (Fig. 6) and *Evadne* sp. (data not shown) both decreased over time and had completely disappeared in all treatments at the end of the experiment. The difference in *Amphibalanus* nauplii abundance between treatments was not clear (Day 15; t -test, $p = 0.06$, $t = 2.12$, $df = 10$), but cypris larvae had only developed in the two N-amended treatments at the end of the experiment (Fig. 6).

Discussion

Our study demonstrates that picophytoplankton, including picocyanobacteria, play a central role in removing excess phosphate in the eutrophic Baltic Sea after the spring bloom, challenging the traditional assumption that the filamentous, N-fixing cyanobacteria are the primary consumers of this residual phosphorus. Surprisingly, the addition of carbon did not enhance heterotrophic bacterial uptake of phosphate, suggesting that phytoplankton uptake is the dominant pathway for excess phosphorus assimilation. These findings provide new insights into post-bloom nutrient cycling in coastal ecosystems and highlight the importance of small phytoplankton in shaping biogeochemical processes under the nitrogen-limited conditions prevailing during early summer.

Increasing phosphate concentration

The monitoring data from Gulf of Finland revealed that the phosphate concentration was higher in the past decade compared to the two earlier decades during summer, indicating continued increase in surplus phosphate despite a considerable reduction in the external nutrient load over past decades. A primary driver of this persistent phosphate accumulation is the release from the sediment (Pitkänen et al. 2001). This continued increase in the oversupply of phosphate highlights the long time scale needed for ecosystem recovery, which arguably exceeds the time it takes for ecosystem deterioration.

The effect of short-term shifts in the inorganic N : P ratio tends to be reflected in the organic N : P ratio, but depends to some extent on the plankton community composition (Spilling et al. 2019; Bach et al. 2020). Yet, potential long-term consequences of this phenomenon are still not known. A decreasing inorganic N : P ratio during N-depletion, as we found here, is often caused by reduced O_2 concentrations in different ecosystems. However, it is not a universal process, as there are examples of other human actions that increase the inorganic N : P ratio, for example, by more effective P-removal from wastewater, increased use of N-rich fertilizer, or increased atmospheric N-deposition (McQuatters-Gollop et al. 2007; Kim et al. 2014).

We also found that dissolved silicate had increased during the active growth season for algae. This is somewhat surprising as the DSi concentration has decreased long term in the Baltic Sea, linked to a higher retention of silicate by the damming of rivers and increased burial of biogenic silicate in the

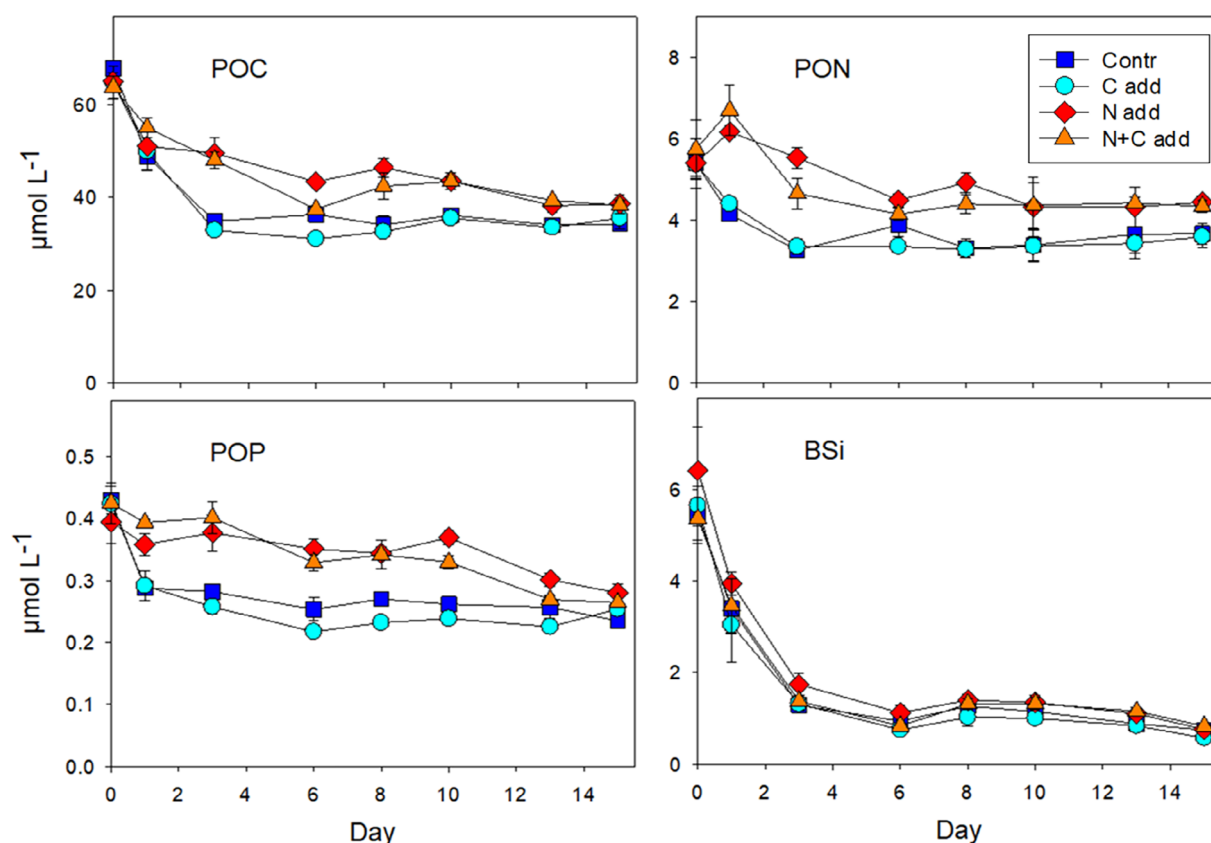


Fig. 3. The concentration of particulate organic carbon (POC), nitrogen (PON), phosphate (POP), and biogenic silicate (BSi) plotted against time. The error bars represent the standard error (SE, $n = 3$).

sediment due to eutrophication (Conley et al. 2008). Increases in dissolved silicate could therefore be interpreted as a positive sign of slightly improving conditions (Wasmund et al. 2017), but further studies are needed to investigate whether this is a general trend in the Baltic Sea.

Temporal plankton community development in the experiment

Inorganic nutrients initially stimulated nano- and micro-phytoplankton, in particular the chlorophyte *Monoraphidium* sp. and autotrophic dinoflagellates. This was expected, as they have a larger volume for internal storage, that is, luxury uptake of nutrients. In addition, *Monoraphidium* sp. is known to have a relatively high growth rate (Seip and Reynolds 1995). Nonetheless, this nutrient effect only delayed the gradual decline of phytoplankton biomass. After inorganic nutrients had been depleted, there was a clear increase in picophytoplankton abundance, which has been observed in previous mesocosm experiments in this area (Crawford et al. 2017; Spilling et al. 2022b). Smaller cells have a larger surface-to-volume area and are better adapted to low inorganic nutrient concentrations, which is the likely reason for this group dominating during periods when easily available nutrient sources have been depleted by larger cells.

The mesocosm bags prevent effective wind-driven mixing, although there was some temperature-driven advection. There was particulate organic matter sedimentation during the experiment, but unfortunately, we could not sample the bottom part of the mesocosms to quantify it. This export loss might have had some consequences for the phytoplankton community composition, as non-motile groups, such as diatoms, likely sedimented out quicker than motile flagellates. The rapid decline in BSi over the first 3 d of the experiment indicated export of diatoms, as there was no increase in DSi, which would have indicated dissolution of BSi. After this drop in BSi, diatoms were a minor group in terms of biovolume.

As expected, mesozooplankton required a longer time to respond to the experiment; yet, an effect of the nutrient addition on its biomass was measurable (Fig. 6). The bags were not very deep (1.9 m) and the available organic material in the bottom likely supported the community of mesozooplankton that could easily move vertically between different water depths, especially since higher predators were absent. This is a likely reason for a treatment effect on copepods and *Bosmina* sp., even though the available suspended food items were similar in all bags after the drawdown of nitrate. Some groups, such as the cladoceran *Evadne* sp., disappeared over

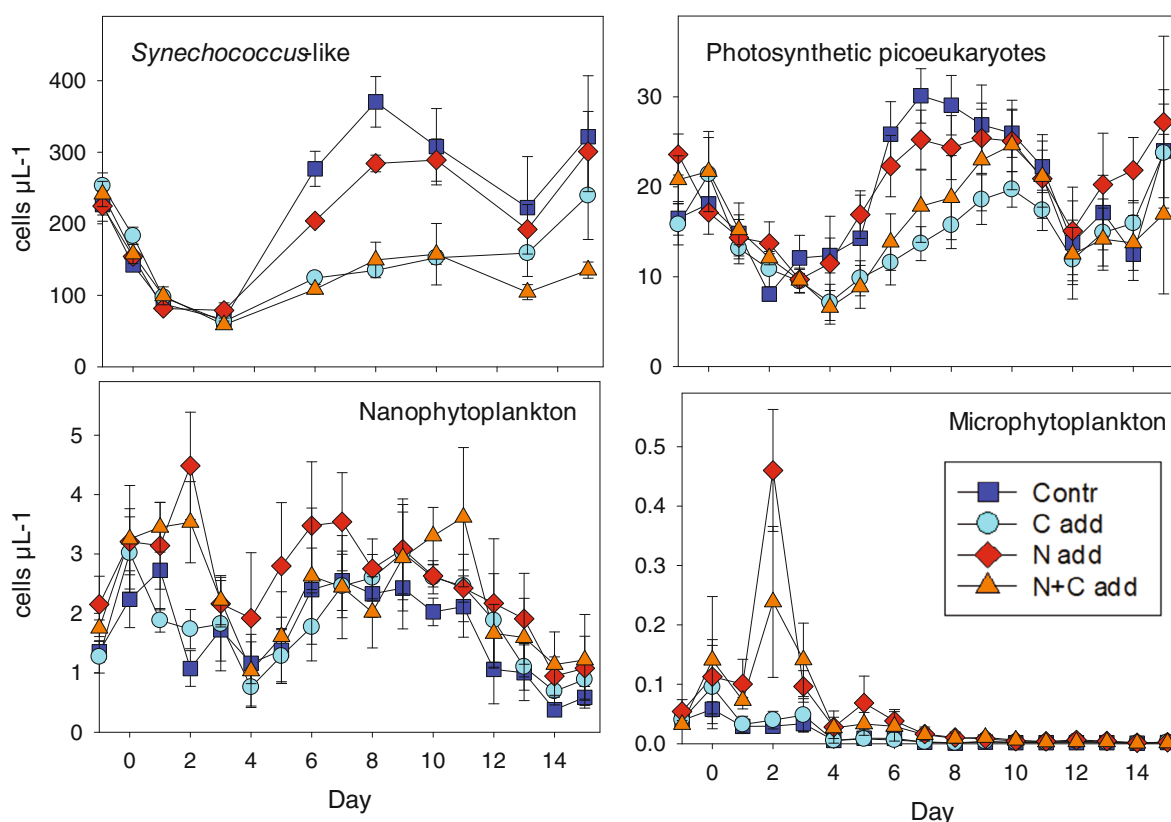


Fig. 4. The abundance of *Synechococcus*-like cells, photosynthetic picoeukaryotes, nano- and microphytoplankton plotted against time. The error bars represent the standard error (SE, $n = 3$).

time, which could be due to an enclosure effect as this cladoceran often tends to disappear in mesocosm experiments (e.g., Granéli and Turner 2002).

The experiment took place 5–6 weeks after the spring bloom, and the starting community differed from that typical of early May, which typically consists of spring species at reduced abundance (Spilling 2007). Filamentous cyanobacteria were present but in very low abundance. Had the starting conditions been different, we would very likely have had different community dynamics in the experiment. However, our starting community was typical for the time of year in the experimental location, and as such a good representation of the situation in the Gulf of Finland archipelago.

Treatment effects

The main driver for the observed differences between treatments was the addition of nitrate that directly affected the phytoplankton biomass. The carbon addition, on the other hand, had no effect on particular organic nutrients, nor on bacterial abundance, suggesting that the total amount of added labile carbon was relatively low compared to the extra phytoplankton-derived carbon in the N-amended treatments. Interestingly, carbon addition did have a negative effect on picoeukaryotes and *Synechococcus*-like cells relative to the

other treatments. This could have been due to competition for nutrients with heterotrophic bacteria, which likely got a boost due to the sudden, easily available carbon source that was added. This was, however, not evidenced by the abundance of heterotrophic bacteria that remained similar between control and C-add treatments. Increased grazing pressure could have played a role, but no noticeable differences in protozoan or microzooplankton abundance were observed. Selective grazing pressure could be a factor (Landry et al. 2023), but we cannot make any firm conclusion about the underlying reason for the apparent carbon effect on picophytoplankton.

Carbon addition also affected the O_2 dynamics during the first 3 d of the experiment. There was not as much increase in O_2 during the daytime in the N + C compared to the N-add treatments, which likely was due to higher primary production in the latter treatment. The N amended treatments revealed an increase in biomass and O_2 reduction rate during nighttime, suggesting a higher O_2 loss due to respiration than in the control and C-add treatments. Any treatment effects on O_2 dynamics disappeared after the first week of incubation, indicating similar biological activity between all treatments during the final week of the experiment. The rate of change in O_2 is not directly transferable to biological activity, however, as temperature fluctuations affect gas solubility, and there

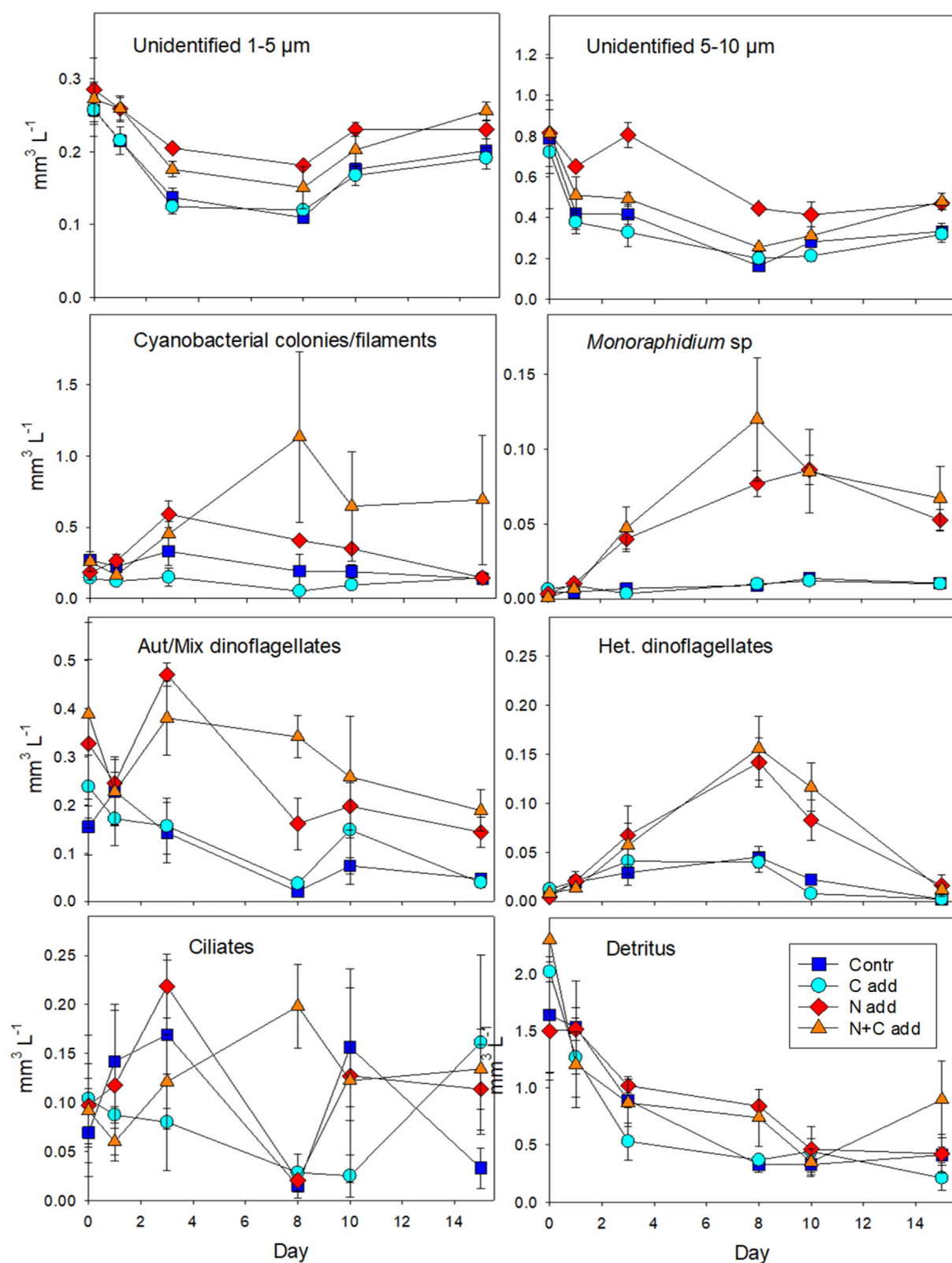


Fig. 5. The biovolume of different nano- and microplankton groups plotted against time. The error bars represent the standard error (SE, $n = 3$).

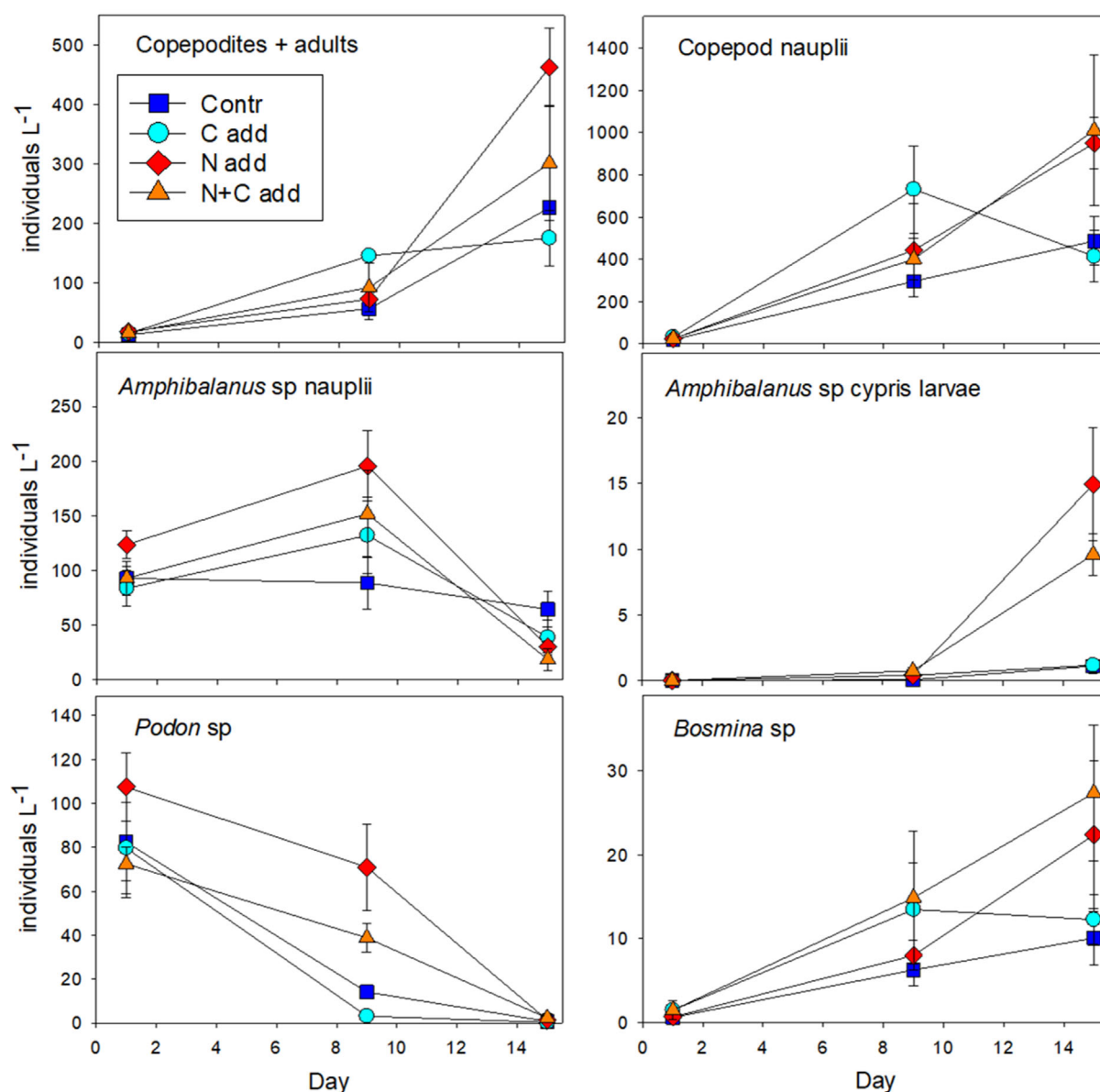


Fig. 6. The abundance of different mesozooplankton groups plotted against time. The error bars represent the standard error (SE, $n = 3$).

were occasions of both O₂ out-gassing and in-gassing due to changes in temperature.

Phosphate removal

In the N-add and N + C-add treatments, ~75% of the phosphate was removed, whereas in the control and C-add treatments ~40% was removed within a week. Approximately 15% of the phosphate pool, or 20%–30% of the PO₄ taken up, was released into the dissolved organic phosphorus (DOP) pool, but DOP concentration decreased again during the last week of the experiment (Vanharanta et al. 2024), suggesting the added DOP was relatively labile and microbially available. The N : P uptake ratio of 6.7, less than half the Redfield ratio of 16, suggests an active luxury uptake of P by the plankton

community. The decrease in the phosphate pool was not seen as an increase in the particulate phosphorus fraction, although the N-amended treatments had a higher concentration of particulate organic elements. This was likely due to the export of particulate organic matter to the bottom of the mesocosm bags.

In a recent study, using smaller 20 L tanks, we found that the excess phosphate had been depleted completely under N deficiency, even without N addition (Vanharanta and Spilling 2023). This previous experiment had a longer duration (35 d) than the one presented here, with a drawdown of phosphate in the control units of 20% to 50% (from a starting concentration of 0.55 μM) after 15 d, depending on the temperature (Vanharanta and Spilling 2023). Thus, it is likely

that we would have also seen a complete drawdown of phosphate if the current experiment had lasted a few weeks more. In addition, the decrease in temperature by several degrees in the middle of the experiment likely decelerated microbial activities and consequently phosphate uptake rates. Possibly, more of the excess phosphate would have been taken up if the temperature had stayed stable during the whole duration of the experiment.

The addition of glucose did stimulate bacterial productivity and extracellular enzyme activity (Vanharanta et al. 2024), but there was no indication of any additional drawdown of phosphate by heterotrophic bacteria when stimulated by glucose compared to the control. Also, in this respect, the combined N + C addition behaved like the N addition. This further supports that most phosphate uptake was due to picophytoplankton, with little contribution from heterotrophic bacteria. The extracellular enzymatic activity of free-living bacteria likely served to acquire carbon from polymers released by phytoplankton, which was demonstrated by higher cell-specific activities of proteolytic and glycolytic enzymes during the bacterioplankton peak in the N addition when compared to other treatments (Vanharanta et al. 2024). This finding demonstrates the dependency of heterotrophic bacteria on phytoplankton and could explain why carbon addition alone did not result in significantly higher phosphate uptake compared to the control. The timing of the heterotrophic bacterial abundance peak is typical following the spring bloom when there is a lot of organic matter available (Camarena-Gómez et al. 2018), and the bacterial community is to some extent affected by the phytoplankton community during the spring bloom (Camarena-Gómez et al. 2021).

Link to cyanobacterial blooms in the Baltic Sea

One of the most prominent effects of eutrophication in the Baltic Sea is the intensifying occurrence of diazotrophic cyanobacterial blooms during summer, and these blooms also take place in the coastal location where we carried out the experiment. The prevailing N-limitation leads to a low inorganic N : P ratio, which favors N₂-fixing cyanobacteria during warm, calm summer months (Niemi 1979; Wasmund et al. 2005). These cyanobacterial blooms amplify the eutrophication problem, as the amount of cyanobacterial fixed N is comparable to the anthropogenic N-loading in parts of the Baltic Sea (Savchuk 2005; Wasmund et al. 2005). The cyanobacterial input of N might thus create a self-reinforcing cycle through a positive feedback loop, that is, N₂-fixation increases the biomass load reaching the sediment, which in turn raises oxygen consumption and releases additional P into the ecosystem (Vahtera et al. 2007; Spilling et al. 2018).

In our experiment, we categorized the different cyanobacteria present in three functional groups. The first group consists of small, single-celled cyanobacteria, here termed *Synechococcus*-like cells, which do not fix nitrogen and are presumably functionally closer to picoeukaryotes than to the

larger N₂-fixing filamentous species. This group is also considered part of the picophytoplankton. The second group includes the relatively small filamentous cyanobacteria *Planktothrix* sp. and *Limnothrix* sp., plus the larger *Pseudoanabaena* sp. Common for all of them is that they do not seem to fix N₂; some *Pseudoanabaena* sp. do have the genetic potential to fix N₂ (Slater et al. 2023) but do not seem to realize this potential (Klawonn et al. 2016). The third functional group comprises the relatively large N₂-fixing filamentous cyanobacteria *A. flos-aquae* and *N. spumigena*. A surplus of P would benefit the latter, especially if they have been able to increase their biomass during the nitrate depletion phase. Although these cyanobacteria were present in all treatments, there was no indication that these typical bloom-forming diazotrophic species proliferated (staying below 5% of the cyanobacterial biomass). Rather, the additional P uptake after N depletion seems to have been driven by an increase in picoeukaryotes, *Synechococcus*-like cells, and possibly the smaller (non-N₂-fixing) filamentous cyanobacteria. These organisms can take up phosphate and store excess phosphorus as polyphosphate (Jentzsch et al. 2023). This was also observed under the microscope, although we lack quantitative data on polyphosphate storage. *Planktothrix* sp. and *Pseudoanabaena* sp. species are common in the area during summer but do not form extensive blooms. Another N₂-fixing cyanobacterium in the Baltic Sea is *Dolichospermum* sp. (Olofsson et al. 2020), but this is not as common in the study area and was not recorded in our study.

Aphanizomenon flos-aquae and *N. spumigena* have different P uptake strategies. *Aphanizomenon flos-aquae* can take up and store excess P for later growth and also take up organic forms of phosphorus, whereas *N. spumigena* more commonly takes up phosphate and, to some extent, relies more on recycled P after phosphate depletion (Hagström et al. 2001; Vahtera et al. 2007; Schoffelen et al. 2018). Both species can form blooms in the area where the mesocosms were held, but even though both species were present in the experiment, they were at exceptionally low concentrations. Other filamentous cyanobacteria (*Planktothrix* sp., and *Pseudoanabaena* sp.) made up the bulk of the measured cyanobacterial biovolume. The lack of a typical cyanobacterial community composition could be due to an enclosure effect, but both *A. flos-aquae* and *N. spumigena* have relatively low growth rates (Reynolds 1984; Vahtera et al. 2005), and it is likely that they did not grow fast enough in the experiment to produce much biomass in the relatively short time span of the experiment. Another factor was the temperature, which was low for part of the experiment, and likely affected their growth negatively, in particular the more temperature-sensitive *N. spumigena*. However, the drawdown of phosphate was similar to the typical natural development where the excess phosphate has been depleted before the onset of filamentous cyanobacterial blooms later in summer. Our experimental results support our hypothesis that picophytoplankton plays a key role in this uptake of the excessive phosphate. This would indicate that in contrast to

current models/assumptions, the excess phosphate remaining after the spring bloom does not directly benefit the typical bloom-forming cyanobacteria (*A. flos-aquae* and *N. spumigena*), which would rather rely on recycled or upwelled sources of phosphate.

In conclusion, we found that N-addition stimulated both nano- and microphytoplankton, and the picophytoplankton abundance increased following nitrate depletion. Based on these results, we conclude that picophytoplankton incorporate substantial parts of the excess P, which strengthens our initial hypothesis. Yet, picophytoplankton were unable to completely deplete the inorganic P-pool during the relatively short experiment. Most of the organic P formed was likely exported by the overall decrease in total phosphorus combined with a negligible change in the DOP pool between the start and the end of the experiment. Carbon addition, in contrast, stimulated heterotrophic bacteria production but did not increase bacterial uptake of excess phosphate, contrary to our expectations. The typical bloom-forming cyanobacteria in the Baltic Sea, considered to greatly benefit from excess phosphate, were present but not abundant in our mesocosms. Our results underscore the key role of picophytoplankton in reducing the excess phosphate pool after the spring bloom, a function traditionally ascribed to bloom-forming filamentous cyanobacteria in the Baltic Sea.

Author Contributions

Conceptualization by Kristian Spilling, Kasia Piwosz, Hans-Peter Grossart, and Matthias Labrenz. Investigation by Kristian Spilling, Mari Vanharanta, Mariano Santoro, Cristian Villena-Aleman, and Kasia Piwosz. Formal analysis by Kristian Spilling, Mari Vanharanta, Mariano Santoro, and Cristian Villena-Aleman. Supervision by Kristian Spilling, Matthias Labrenz, Hans-Peter Grossart, and Kasia Piwosz. Kristian Spilling wrote the original draft, and all other co-authors contributed to the review and editing of the final version.

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Conflicts of Interest

None declared.

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Supporting Information

Additional Supporting Information may be found in the online version of this article.

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